

www.LRCADC.org

"A Community Newsletter" — LRCA, P.O. Box 60272, Washington, DC 20039

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THE PRESIDENT'S CORNER

Greetings Neighbors,

I trust that you, your loved ones and friends are well and safe!

There's no denying that these are tough times, Covid19 is a serious and terrifying disease! Please do not take this lightly and use all publicly announced precautions, to ensure that you and your loved ones are safe. This includes listening to the news; staying home; only go out for food/medicine/critical supplies; use gloves/face masks/hand sanitizers if you go out; when out stay 6 ft. from the nearest person; wash your hands/use hand sanitizers frequently and use disinfectant/cleaners that are known to kill viruses, on frequently used surfaces!

Although many of us are experiencing hardships as a result of the Pandemic, I must say that we have been uplifted, by so many random acts of kindness by our neighbors! This includes folks contacting Seniors and others "in person" (using social distancing), over the phone or via emails to not only check on them, but to make "runs" for critical supplies. Some neighbors are volunteering to take food, etc. to Seniors/others in Lamond-Riggs, in concert with Food & Friends (located in Lamond-Riggs), DC's Depart. of Aging and Community Living, etc.

LRCA's role in these times, is to share critical info asap re: the virus, food and other resources. So we'll continue to use our newsletter (for safety reasons, we're doing an electronic version for April), listserv, personal emails, phone calls, web site, text messages, in-person conversations, Facebook Page, etc., to keep you informed given what we've learned in our conference calls with the Mayor, our Councilmembers, Food & Friends, from reading a lot of emails and calls, etc.

We are so proud of those who are helping, in ways big and small! Please continue to listen to the news, make sure that you and yours are taking all necessary precautions, share vital info asap and support your neighbors. Know that there is HOPE and we'll get thru this!

We're all in this together and I hope everyone leans on that higher power, to give you comfort! BE SAFE All!

Rodney

NOTICES & AGENDA

LRCA Meetings

The April LRCA meeting is cancelled! We'll follow local guidelines re: upcoming meetings and will inform you in advance, if there's a May or June meeting.

Future meetings may be held on Monday May 4th & June 1st 2020 in the LaSalle-Backus Auditorium, 501 Riggs Road NE (enter Riggs Rd. & Madison St.). Please contact any LRCA Officer if questions.

NOTE: This newsletter is only 2 pages!

LOCAL RESOURCES

- 1- Free lunches for students & residents, LaSalle - Backus Educational Campus, 501 Riggs Rd. NE, 10am to 2, Mon – Fri, call 202-671-6340 for info.
- 2- Free meals for "medically fragile" Seniors, delivered by Food & Friends (need Drs. referral). Call 202-269-2277 for help, info. or to volunteer).
- 3- Free meals for Seniors delivered by DC's Depart. of Aging and Community Living. Call 202-724-5626) for help, info. or to volunteer.
- 4- See LRCA Officers & ANC Commissioners contact info. for ques., etc. or just to talk!

Riggs Park and Manor Park Businesses Deliver! For Prescriptions, Vaccines & Food delivery/pick-up for ethnic, vegan & American dishes available from 5 Parks Main St. businesses. Call **Ramdass Pharmacy**, 2-526-2200; **Culture Coffee Too** (Coffee, Sandwiches), 2-507-8349; **Hunan Shrimp Boat** (Chinese Food), 2-635-6666; **Peaches Kitchen & Rest.** (Jamaican, Amer. Food), 2-722-5250; **Senbeb Café** (Vegan/Vegetarian "Soul Food"), 2-249-0917. Ques.- Edwin Ex. Dir. info@theparksmainstreet.org <https://www.facebook.com/2069452573351079/posts/2270270993269235/>

LRCA Scholarship Update: Given the disruption caused by the coronavirus, LRCA 2020 Scholarship is on hold until further notice. We will continue to monitor the situation and may re-open the scholarship application period in the future. Ques. contact [Marsha Pendermpender1@gmail.com](mailto:Marsha.Pendermpender1@gmail.com).

Please "check on" your neighbors, especially Seniors to make sure they're ok, heat is working, ensure all smoke alarms and surge protectors/ext. cords are working, etc.

Lost your job because of COVID19? Here're steps to lessen the financial blow & prepare you to bounce back once the economy recovers (Bankrate.com).

- 1- Apply for unemployment benefits.
- 2- Tap into your emergency savings, if you have any.
- 3- Review your monthly bills and find ways to reduce.
- 4- If you have a mortgage, inform your lender/servicer.
- 5- If you have student loans, suspend your payments.
- 6- Get in touch with your bank.
- 7- Stay away from payday loans.
- 8- Communicate with your utility and service providers.
- 9- Use your retirement accts. but avoid if possible.
- 10- Take advantage of community programs.
- 11- Look at job postings.
- 12- Be flexible about new opportunities.
- 13- Pay attention to the news.

Worried about making your mortgage payments? Inform your lender or servicer! Many states and the Fed. Govt. have started programs to financially help homeowners during this outbreak.

As of Sat (3-28) foreclosures and evictions were ceased for 60 days across the U.S. The Federal House Finance Agency told Fannie Mae and Freddie Mac, to allow borrowers to suspend their payments for up to 12 months. Find out if these servicers have your loan by searching: [Making My Home Affordable.com](http://MakingMyHomeAffordable.com).

Please remember if you receive a phone call from a bank offering to help with our mortgage, hang up. **This is likely a scam!**

From Ward 4 Councilmember Todd: My office is operating as usual, please call us at 2-724-8052 if you need help! Here's the link to my newsletter with helpful info for residents, businesses & non-profits. <https://mailchi.mp/dccouncil/special-edition-covid-19-update-march-24-2020?e=2ee0cc7727>

Newsletter Staff: Pres. Foxworth (lead), Rev Smith, Ashley Wilson

NEWS YOU CAN USE!!

Mayor's Office Constituent Services Liaisons (MOCRS)

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LRCA's Development Task Force is looking for volunteers to serve as Liaisons with the Cafritz and EYA Projects! Please contact Rodney Foxworth, Chair (2-997-1875) or Dr. Melvin Rhodes, Co-Chair (2-731-1668) for info.

Like what LRCA does? If so, why not donate? Any amount helps and pays for the newsletter, scholarships, etc. We are a non-profit 501(C)3 with tax deductible donations!

DC Primary Elections are scheduled for June 2, for Council Wards (2, 4, 7, & 8), two At Large Council seats, non-voting U.S. Rep., Shadow U.S. Senator, and Shadow U.S. Rep. Here's of candidates and the offices they are "running for":

Ward 4 Democratic Council Candidates: Incumbent Brandon Todd, Marlena Edwards, and Janeese Lewis George.

Perry Redd for the Green Party.

Council At-large Candidates: Incumbent Robert White in the Democratic primary.

Marya Pickering in the Republican primary.

Joseph Bishop-Henchman in the Libertarian primary.

Council At-large, Ann Wilcox in the Green primary.

U.S. House Non-Voting Delegates: Incumbent Eleanor Holmes Norton in the Democratic primary.

Ford Fischer in the Libertarian primary.

Natale Stracuzzi in the Green primary.

U.S. Shadow Senator: Incumbent Paul Strauss in the Democratic primary.

Eleanor Ory in the Green primary.

U.S. Shadow Representative: Susana Baranano, Oye Owolewa, and Dalton Patterson in the Democratic primary.

Joyce Robinson-Paul is running in the Green primary

For additional information, please click on the link below: [https://ballotpedia.org/Municipal_elections_in_Washington,_D.C._\(2020\)#Nonvoting_U.S._Representative](https://ballotpedia.org/Municipal_elections_in_Washington,_D.C._(2020)#Nonvoting_U.S._Representative)